Water Watcher Card
Cut along the dotted line

5 ACTIONS TO PREVENT DROWNING

1. Assign an adult to constantly watch children around water. Stay in arms reach.
2. Learn to float. Learn basic swimming skills. Never swim alone.
3. Wear U.S. Coast Guard approved life jackets in and around open water, on docks, and on boats.
4. Block access to water. Ensure multiple barriers are in place.
5. Learn CPR with rescue breaths.

LEARN THE SIGNS OF DROWNING

Water Watcher Pledge
I will constantly watch children around water.
I will not become distracted.
I will be on duty until relieved by another adult.

For more information, visit www.colinshope.org
Para información en español, visite www.colinshope.org/espanol

www.preventdrowningfoundation.org