

INTRODUCING SAN DIEGO

SWIM SAFER

SD Swim Safer was created to ensure all children have access to the fundamental skill of swimming, and to help parents and caregivers learn to reduce the risks of drowning.

JOIN US FOR A POOL PARTY THIS SUMMER!

San Diego Swim Safer will be hosting FREE family-friendly pool parties all summer long with activities and booths to provide families with drowning prevention information, discuss water safety, and more. Go to sdswimsafer.org for information on the next pool event.

Learn how to keep your family safe from drowning:

- Always keep your eyes on your child and designate a Water Watcher to supervise children in the water.
- Sign up for swim lessons at your local pool.
- Reduce access to your home pool and install fencing around the pool, or self-closing/self-latching gates.
- Never leave your child alone in a bathtub.
- Make sure children always wear a life jacket when they are in and around natural water.
- Always swim by a lifeguard station and obey posted rules and red flag warnings.
- Be prepared and take a CPR class from the American Red Cross.
- Teach children to stay away from pool drains.
- Take the Water Watcher Pledge.

NEED SWIM LESSONS?



Scan the QR code for swim lessons and pools in your area!

PROVIDERS: APPLY FOR THE SD SWIMS GRANT!



Are you a school, nonprofit, or local pool? Scan the QR code to apply for the SD SWIMS Grant and provide swim lessons and water safety programs in your area!



PREVENT DROWNING
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